Talking Cards

Cut out the cards. Pick one and talk about it together.



1 Resilience

Tell about a time something felt hard, and you kept going anyway.



2 Honesty

Why does telling the truth help, even when it feels scary?



3 Perseverance

What is something you got better at by practising?



4 Mistakes

Tell about a mistake that taught you something.



5 Kindness

What is one kind thing you could do today?



6 Teamwork

When is it easier to do something with a friend?



7 Courage

What does being brave look like to you?



8 Friendship

What makes somebody a good friend?

